

## Post-Test

**Title: Nutrition and the elderly**

Name:

Date:

1. List two ways you can assist a patient with cooking.

- 1.
- 2.

2. The attitude of the staff doesn't usually impact the patient's appetite.

True

False

3. What are two causes that effect the patient's ability to feed self.

- 1.
- 2

4. When feeding a patient you should mix their foods together.

True

False

5. List two ways to protect patients from aspirating or choking.

- 1.
- 2.